

DO NOT BURN or BURY
BUT HURRY TO DONATE YOUR EYES & GIFT SIGHT

DRISHTI2020

Your eyes, blind's sight



An Eye donation drive by Kalyan Diocesan Social Action (KDSA)

KARUNYA TRUST



Vision: “You are the light of the World” (Mt 5:14)

Mission: Gift 20,000 sights by 2020 through awareness campaigns & networking with people's organizations, like minded NGO'S which will promote a culture of universal brotherhood by mobilizing the potentials and resources available within and outside the communities.

Karunya Trust, Bishop's House, P.B. No. 8434,
I.I.T. P.O, Powai, Mumbai - 400 076.

Maharashtra, India. **Ph:** 022 2578 5515, 2579 8625.

Email: karunyatrust@hotmail.com

Web: www.karunyatrustonline.org

In affiliation with

Eye Bank Coordination & Research Centre

K. B. H Bachooali Hospital, 56/60, Jehangir Merwanji Street,
Near KEM Hospital, Parel, Mumbai - 400 012

Ph: 022 2416 4342, 2416 8869 | Toll Free: 1919

Email: ebcrc@mtnl.net.in

Web: eyebankcrc.org

EYE DONOR CARD

I hereby give my consent to donate my eyes after my death for the purpose of Transplantation or Medical Education or Research

Donor's Name: _____

Age: _____ Sex: Male / Female _____

Address: _____

Tel. No. _____

Date: _____ Donor's Signature _____

Witness: _____ Witness: _____

In the event of death:

- (1) Keep death certificate copy ready.
- (2) Contact nearest eye bank as soon as possible.
- (3) Switch off fan. If possible, switch on AC.
- (4) Close the eyelids & put we cotton on the lids.
- (5) Put two pillows beneath the donor's head.

Remember Phone 1919 (24 Hours) for Eye Donation

EYE BANK COORDINATION & RESEARCH CENTRE

K.B.H. Bachooali Hospital, 56/60, Jehangir Merwanji Street,
Near KEM Hospital, Parel, Mumbai – 400 012, INDIA
(Trust Regd. No. E-15994, Mumbai)

Tel.: 91-22-416 2929 / 2416 4342 – **Telefax:** 91-22-2416- 8869

E-mail: ebcrc@mtnl.net.in – **Website:** http://www.eyebankcrc.org

Karunya Trust

Bishop's House, P.B. No. 8434, I.I.T P.O, Powai,
Mumbai - 400 076, Maharashtra, India.

Ph: 022 2578 5515, 2579 8625 | **Email:** karunyatrust@hotmail.com

Website: www.karunyatrustonline.org

Eye Donation: Why? What? How?

Statistics: There are about 4 crore blind persons in the world. There are approximately 2.0 – 2.5, million corenally blind Citizens in India out of which 50 % are children below 12 years of age. Another 25,000 are added each year. About 25 lacs suffer from opacity of cornea. So far there is no artificial substitute available so corneas retrieved from dead persons eyes are the only solution.

Cornea is the clear, transparent tissue covering the front of the eye. Life of cornea is 150 years therefore corneas replaced can be re-donated. Every year one crore individuals die in India but eye balls are collected from only 15 thousand bodies. Eye donation in India today meets less than 5% of the demand for corneal transplants. Cornea can become cloudy from disease, injury, infection or malnutrition, vision is dramatically lost or reduced. Corneal blindness can be treated by replacing the damaged cornea by a healthy donated human cornea. The human cornea can be procured through eye donation. Eye donation and restoration of sight through corneal transplant is a very exciting combination of selfless charity and the miracle of medical technology.

An **eye bank** is an organization which deals with the collection, storage and distribution of donor eyes for purposes of corneal grafting, research and supply of the eye tissues for other ophthalmic purposes.

Removal of eyes takes only 20 minutes while the cornea transplant surgery can be performed in half an hour. Yet it must be remembered that eyes/corneas are human tissue and like other organs (kidneys, heart, and the like) needs sincere and sustained technical expertise and dedicated commitment to quality and systematic procedures to handle.

Anyone can be a eye donor irrespective of age, sex, blood group, religion, caste or creed. You can donate eyes even if:

- ⇒ You wear glasses
- ⇒ You are hypertensive
- ⇒ You are diabetic
- ⇒ You had cataract
- ⇒ You have undergone any eye surgery

Eyes will not be collected if death has occurred due to the following diseases only.

- ⇒ HIV/AIDS

○ Hepatitis B

○ **Septicemia / Sepsis:** Viral Infection spread thru bloodstream affecting vital organs.

○ **Leukemia:** Disease related to Bone Marrow

○ **Rabies:** Fatal viral disease, transmitted by the bite of warmblooded animals like dogs

○ **Cancer with Metastasis to Head and Neck:** Transmission of pathogenic microorganisms/cancerous cells thru blood vessels.

There are certain myths about eye donation which prevent families from donating eyes of their departed dear ones. They are:

MYTH	FACT
Decision to donate eyes can be taken by the deceased.	Decision to donate eyes can be taken by the kith and kin without prior approval of the deceased.
Donating eyes disfigures the body of the deceased.	Donating eyes does not disfigure the body of the deceased.
People who had poor eye sight cannot donate eyes.	Even those who had poor eye sight can donate eyes.
Eye donation must take place immediately after death.	Eye donation can be completed within 6 hours of death.
Deceased person has to be taken to a hospital for removal of eyes.	Eyes are removed at home by a team of trained persons from the eye bank.
Religious faith does not support eye donation.	All religions endorse eye donation.
It is to be formally pledged to donate eyes during lifetime.	Immediate family members or relatives can donate the eyes of the deceased even if the deceased had not pledged for eye donation during his/her life time.

Steps to take care for donation of the eyes

- ☐ Close the eye lids gently and keep a moist cloth over eyes.
- ☐ Raise the head by 6 inches by placing 2 pillows underneath.
- ☐ Switch off fans & keep AC on, if you have one.
- ☐ Call the nearest eye bank within SIX HOURS of the death of the person.
- ☐ Obtain the death certificate.

Conclusions

- ◆ Pledge to donate your eyes. Make it a family tradition.
- ◆ Motivate and educate others about eye donation.
- ◆ Motivate the next of kin of the deceased person to donate their eyes.

A phone call can change a life...

A timely phone call to the nearest eye bank is enough. In many cities in India including Mumbai there is also a Centralised **Help Line No. 1919** available 24 hours for eye donation.

For Donors

1. Fill up the donor card attached with this information
2. The said card has two parts. Keep one part with you and let the other part be with your nearest relative.
3. See the instruction mentioned in the Donor cards for the procedure to be followed for eye donation in case of death.
4. The law does not require that the deceased has to sign a donor card or a pledge card. It is only the expression of the wish of a person to donate his eyes after the death. Only the relatives can take the decision to donate eye of the deceased after the death.

Frequently asked questions about eye donation :

Q: Who can be an eye donor?

A: Anyone can be a donor irrespective of age, sex or blood group.

Q. Do religious authorities approve of donation of one’s eyes?

A: Yes, all the religious faiths support this noble act of humanity helping vital sight restoration program to provide vision to the blind people.

Q: Is the whole eye used for transplant?

A : No, only the thin transparent layer in front of the iris called the cornea is used for transplant. Cornea can be compared to an outer lens of a camera.

Q: Do cataracts or the used of spectacles render the corneas unfit?

A: No, both these conditions relate to the lens of the eye and not the cornea.

Q : Does eye donation disfigure the donor’s face ?

A : The removal of eyes does not produce disfigurement nor does it interfere with the customary funeral arrangements.

Q : Does the human body reject the transplanted donor ‘s cornea ?

A: Corneas do not have any direct blood supply so the risk of rejection is very low. Rejection, if they occur, can be suppressed by timely medication.

Q: How will my donation be used ?

A: After the eyes are removed, they will be evaluated, processed, screened and then supplied to the eye surgeon for transplant.

Q: What conditions render corneas unfit for donations ?

A: Cornea of persons suffering from AIDS, Jaundice, Rabies, Syphilis, Tetanus and Septicaemia are considered unfit for donation. At the time of enucleating, blood sample from the body of the deceased is also taken and necessary tests for HIV, Syphilis & Hepatitis are carried out by the Eye Bank.

Q: What about diabetes or hypertension ?

A: Even donors with these conditions can donate their eye.

Q: Is there any use for corneas which for some reason are not used for transplant?

A: Corneas which are not found viable for transplant are used for research and teaching purposes.

Q: Do corneal transplants guarantee sight to all blind people ?

A: No, Transplants only help when the loss of sight is solely due to corneal defect and the rest of the eye’s mechanism is intact.

Q: How quickly should the eyes be removed after death?

A: As soon as possible, not more than 4 to 6 hours after death. In a country like ours, where the climate is hot & humid, the endothelium cells in cornea deteriorate faster and hence shorter time interval is preferable.

Q: Is it necessary to transport the donor to the hospital after death?

A: No, eye Banks have personnel who will come to the donor’s house and remove the eyes. The procedure takes approximately 30-45 minutes.

Q: What is the difference between an Eye Bank and Eye Donation Centre ?

A: An eye Donation Centre provides the services of attending to the call received from a donor’s family for removal of eye balls and send them to an Eye Bank where there are full – fledged facilities for processing, evaluation and storing the corneas in a suitable medium to keep it viable up to 4 days and provide suitable quality cornea to the needy patients / hospital for transplant. Necessary blood tests are also carried out by the Eye bank. In a city like Mumbai, there are several eye donation centres, Bank (although they are called Eye Banks), most of which are linked to a central eye bank viz. Eye Bank Co –Ordination & Research Centre (EBCRC) Situated at Haji Bachooali Eye Hospital at Parel. Both the Eye Donation Centres and Eye Banks are registered and recognized by the Government for collecting the corneas and for distribution to those who require transplants.

Information : Courtesy - Eye Bank Coordination & Research Centre, Parel

Carry this part of your card with you

EYE BANK COORDINATION & RESEARCH CENTRE

K.B.H. Bachooali Hospital, 56/60, Jehangir Merwanji Street,

Near KEM Hospital, Parel, Mumbai – 400 012. INDIA

Tel.: 91-22-416 2929 / 2416 4342 – Telefax: 91-22-2416- 8869

E-mail: ebcrc@mtnl.net.in – Website: http://www.eyebankcrc.org

Remember Phone 1919 (24 Hours) for Eye Donation



Karunya Trust

Bishop’s House, P.B. No. 8434, I.I.T P.O, Powai,

Mumbai - 400 076, Maharashtra, India.

Ph: 022 2578 5515, 2579 8625,

Email: karunyatrust@hotmail.com

Web: www.karunyatrustonline.org

This portion of Donor Card to be handed over to your nearest relative.

Dear Sir,

I hereby voluntarily donate my eyes at the time of death to be used to restore sight of some blind persons and / or for research seeking to prevent blindness and to find cures for the diseases of eye.

Donor’s Name: _____

Date: _____ Donor’s Signature _____

Witness: _____

Witness: _____

Let Eye Donation become your Family Tradition

LIST OF EYE BANKS

Area	Name	Telephone
South Zone		
Marine Lines Charni Road	Bombay Hosptal Eye Bank Shri. Hathibai Kakalchand Eye Bank.at Sir H N Hospital	22067676 30095555 / 30095225
Babulnath Tardeo	Navnit Shah Eye Bank Lions Club of Gate way Eye Bank at Bhatia Hospital	23673937 / 98200039 56660000 / 56660666
Girgaon	Conwest Jain Group of Hospital Eye Bank	23829308 / 09
Bombay	B Y L Nair Hospital Eye Bank	23081491 / 90-99
Central Zone		
Dadar (W) Wadala	Dr. Gokhale Eye Bank Aditya Jyot Eye Hospital -	24221820 / 7425 24177600 / 2418 / 001, 24141534
Mahim	P D Hinduia Hospital Eye Bank	24449199 / 24452222 / 24447185
Bandra	Roshani Eye Bank At Lilavati Hospital	26438281 / 8282
West Zone		
Santacruz (West)	Jayajayant Eye Bank B C J General Hospital Lions Juhu Loknath Char Eye Bank.	26493737 / 26491203 I 26485768 26207254 / 26207258
Vile Parle	at Dr. R N Cooper Hospital Lotus Eye Hospital	26207352 / 26207534 I 9819401919
Juhu Vile Parle - Juhu	Navneet Hospital* Rotary Eye Bank	28942419 / 28919627 28990707
Central Zone		
Byculla	Sir Jamshedji Duggan Eye Bank. at Sir J J Hospital	23750102 / 23735555 24162929 / 24164342
Parel	EYE BANK COORDINATION& RESEARCH CENTER*** KEM Hospital Eye Bank*	24136051/59/54 / 24131763
Parel	LTMG (Sion) Hospital Eye Bank *	24076381 / 24092020
Sion	RotaryEyeBankAt KJ Somaiya Hospital	24090253 / 240904051 24090756 / 24090635
Gentral South Zone		
Ghatkopar Ghatkopar Bhandup	Rajawadi Hospital Eye Bank Arpan Eye Bank ** Late Smt. Shankudevi Mehta Eye Bank*	25094149 / 50-53 25067293 / 25060897 25953785 / 25946052
Mulund/ Vikroli / Pawai/	Behana Eye Collection Center (Working with TMM)*	25690202 / 25654949 / 25673838 / 9322213877
Thane Dahanu	Thane Lions Club of Kopri Eye Bank * Hiway Hospital - Divya Jyot Eye Bank	25333455 / 25420693 25822683 / 25812910 (952528) 222875 / 222678
East Zone		
Vashi New MUMBAI / Raigad Nerul	Bombay City Eye Institute Laxmi Eye Bank D Y Patil Hospital Eye Bank	67911534 27452228 / 27453147 I 27454060 39215901 / 39215975
ForAll Zone		
All Over Mumbai	TARUN MITRA MANDAL (TMM) Aditya Jyot Eye Hospital . Shri. Hathibai Kakalchand Eye Bank “ at Sir H N Hospital	24922897 / 9869181675 24177600 / 2418 I 001, 24141534 30095555 / 30095225